People and ships have always been connected. In the ancient world, water transportation was the safest, fastest, and cheapest way to move people, cargo, and ideas. Many goods are still transported this way today. However, the sea can be dangerous and some voyages ended in shipwreck.

Shipwrecks are a record of past communication and trade, and may be associated with important historical events. Unlike overly planned sites such as temples, they are accidental and therefore show the past as it really was.

Shipwrecks are the most common type of underwater site studied. Other types investigated include flooded land sites and fishing structures.